

## A WOMAN HAS RISEN OUT OF THE OCEAN, A SEAL IS EMBRACING HER

**Commentary:** Long ago there was a belief that the spirits of those who had drowned at sea had the ability to enjoy life in the ocean in the form of seals. When they wished, these Selkies could, once per moon cycle, swim ashore, drop their seal skins and become mortals again. Here a 'Woman Has Risen Out of the Ocean'. The 'Seal Embracing Her' symbolizes her being welcomed into this new arena. She is consciously aware of leaving the past behind in order to emerge into a whole new area of existence and activity. This degree is right on the cusp of Pisces and Aries, when the yearly astrological cycle begins again. It's like the beginning of a new year. In the Northern hemisphere it marks the beginning of Spring—the Spring Equinox.

**Oracle:** New understandings and awareness are coming to light. Whatever is emerging, either in you or around you, needs to be accepted, welcomed and nurtured. It's best to resist looking back to old, familiar ways of being or relating, as they will most likely pull you back to outgrown and probably unsatisfactory conditions. Maybe you feel you are not being acknowledged, don't have a voice or are not being heard. Despite any setbacks, be aware that you possess the power to make the necessary changes in your life. Is it time to claim a place or make your mark in this new world? Take heart, because comfort and salvation can be found in the most unexpected places. Welcome this new beginning and be fearless in the face of the changes that are coming. Accept the 'Embrace' of those who welcome you into this new sphere. So much potential lies ahead of you. Give birth to self-love, self-worth and divine creativity. These are new beginnings for you and probably for those around you.

**Keywords:** Cycles starting. Beginnings. Emergence into concrete manifestation. Confidence in a whole new level of being. Embracing, honoring the shadow or the animal within. Tropical islands or lands. Rocky shores. Seals. The Selkie myth. Grounding one's energy. Stepping between the sea and the shore. Androgyny.

**The Caution:** Using masculine power to overshadow the emotions or to entertain fear. Refusing to move into a new state of being because one is held back by fears and old life patterns. Falling back into previous, unsatisfactory conditions. People dragging others backwards.

What does this **SYMBOL** say to *you*?



## Aries 1

*Life is about not knowing, having to change, taking the moment and making the best of it, without knowing what's going to happen next. Delicious ambiguity.*

**Gilda Radner**

*We cannot become what we need to be, remaining what we are.*

**Max Depree**

*Change starts when someone sees the next step.*

**William Drayton**

*But the beginning of things, of a world especially, is necessarily vague, tangled, chaotic, and exceedingly disturbing. How few of us ever emerge from such a beginning! How many souls perish in its tumult!*

**Kate Chopin**

*If we can really understand the problem, the answer will come out of it, because the answer is not separate from the problem.*

**Jiddu Krishnamurti**